

# Ungas hälsa – allas angelägenhet!

## Nationella och internationella perspektiv på ungdomars hälsa. Vad kan och bör vi i vården göra?

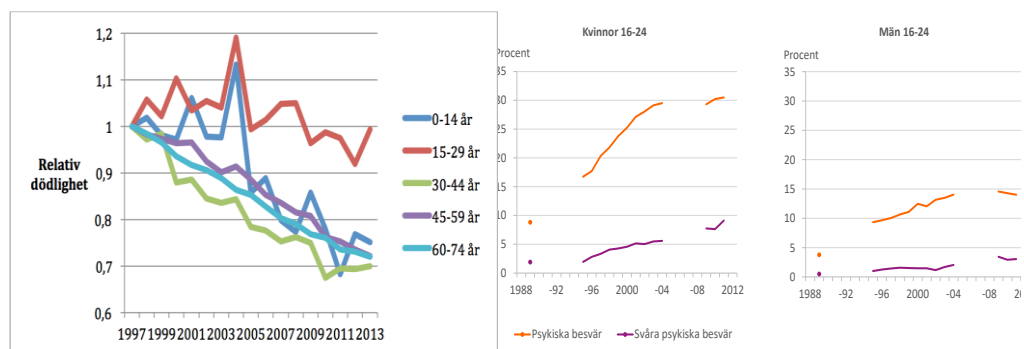
Svensk Förening för Ungdomsmedicin inbjuder till temadag!

Tid: 3 februari 2017 kl 10.00–16.00

Plats: Ersta Konferens och Hotell, Stockholm

Det är inte bara PISA-resultaten som blir sämre – flera faktorer visar att unga i Sverige även mår sämre:

- Antalet självmord minskar i alla åldersgrupper utom för 15–29-åringar.
- Fler unga söker vård pga psykisk ohälsa (Folkhälsan i Sverige Årsrapport 2014).



Svensk förening för ungdomsmedicin, SFFU, inbjuder härmed till en temadag om ungdomars hälsa ur ett nationellt och internationellt perspektiv.

Hur är ungas hälsa i Sverige idag? Hur kan vi bygga upp vården kring ungdomar? Vilket fokus bör vi i vården ha framöver för att kunna förbättra ungdomars hälsa?

Programmet börjar med en inblick i svenska ungdomars hälsa ur ett internationellt perspektiv. Därefter föreläser tre mycket erfarna ungdomsmedicinska experter, samtliga delaktiga i det europeiska nätverket Euteach (European training effective adolescent care and health), kring sina erfarenheter av att bygga upp nätverk för förbättrad vård och utbildning inom ungdomsmedicin.

### Kostnad:

1600 kr enbart temadag. 1900 kr temadag + efterföljande middag.

Föreningsmedlemmar som är pensionärer betalar halva priset, dvs 800 kr för temadag och 950 kr för temadag + middag.

Pengar insättes på Plusgiro 542370-2 enligt faktura som erhålles i samband med anmälan.

Anmälan via mail till: [josephine.haas@sll.se](mailto:josephine.haas@sll.se)

**Program:**

9:30–10:00 Fika och samling

10:00-10:15 Introduktion

10:15-11:30 Sven Bremberg

*International perspectives on young people's health in Sweden - mortality, mental health and possible explanations for differences between high income countries.*

11.30–12.15 Pierre-Andre Michaud

*The establishment of the network Euteach. Importance of Euteach on adolescent health in the world. Future visions.*

12:15-13:15 Lunch

13:15-14:00 Helena Fonseca

*Experiences from working with adolescent health in Portugal and on behalf of WHO in Africa. Pre- and post-graduate training efforts of Health Care Professionals in the field of Adolescent Health.*

14:00-14:30 Kristina Berg Kelly

*Swedish Association for Adolescent Medicine: our challenges for tomorrow.*

14:30-15:00 Fika

15:00-16.00 Paneldiskussion

***Varmt välkommen!  
Svensk förening för Ungdomsmedicin***

*"Vi arbetar för att ge dig kunskap och ökad skicklighet i mötet med ungdomar i din medicinska vardag".*

## Presenting our lecturers!

**Sven Bremberg**, MD, PhD is Senior consultant in Child and Adolescent Public Health at the Swedish National Institute of Public Health and Associate professor, Department of Public Health, Karolinska Institute, Stockholm. His major fields of scientific interest is evaluation and development of child and adolescent public health interventions, studies of inequity in child and adolescent health and analysis of the dissemination process at municipal level of child health policies. At the National Institute of Public Health, he has been responsible for development of child and adolescent public health indicators, based on the national public health targets, for systematic reviews of interventions that are relevant for child and adolescent public health and for a Governmental commission to propose new measures for mental health promotion.

**Pierre-André Michaud** is honorary professor of the Lausanne University, retired from his position as chief of the Multidisciplinary Division for Adolescent Health, University Hospital of Lausanne. After a two years training in adolescent Medicine in Montreal, he started as a general practitioner, while setting up a research group at the university, which allowed him to become a professor and head of the Division. He then realized that there was no formal framework for academic training in adolescent health and thus identified some fifteen professionals involved in the field from all over Europe, setting up the so-called *Euteach* group. The purpose was to develop high quality academic programs in adolescent health for under and post-graduate training throughout Europe. This network has been active for around 20 years. Pierre-Andre has a solid experience in networking with ministries and in international associations such as WHO, UNICEF and UNFPA. He will consider what would be the next step in Sweden to improve the health of young people.

**Helena Fonseca** is presently head of the Adolescent Health Unit at Hospital de Santa Maria in Lisbon and provides training for both pre- and post-graduates at the Faculty of Medicine, University of Lisbon. She was trained in adolescent health for two years in Minnesota with Robert Blum. She became very engaged in family dynamics and it has coloured her career. She has organised several conferences in Portugal for the international community. She has been a member of the Euteach group since its early days. She is the only one in Europe who has organised and carried out a 2 year program for specialist training in adolescent health. In recent years she has been consulting in different countries in Africa to assist them in developing strategies to improve adolescent health and this is what she can bring to this meeting.

**Kristina Berg Kelly** is also a member of the Euteach network. Kristina trained for one year with Charles Irwin in San Francisco, one of the outstanding units in adolescent health in the world. On returning to Sweden, she found that there was a great interest in adolescent health and it was easy to start a group to promote adolescent health, teaching ourselves and starting epidemiological studies on adolescent health. After 30 years we have now managed to get adolescent medicine as a required objective in the specialist training for pediatricians. Our one week course in adolescent health is very popular and highly rated. Kristina and Laslo Erdes have also been teaching basics in adolescent health for mixed teams of adult and pediatric services in connection with the transition of young people with chronic conditions to adult services, reaching most pediatric hospital units in Sweden.